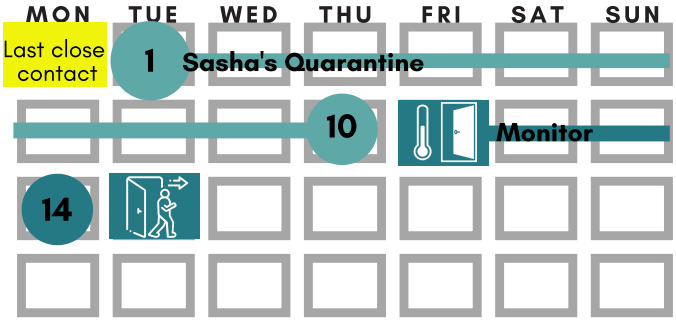
COVID-19 positive or exposed

LET'S HELP STOP THE SPREAD OF CORONAVIRUS

WHEN CAN I BE AROUND OTHERS AGAIN?

Close Contact and Quarantine
SCENARIO 1

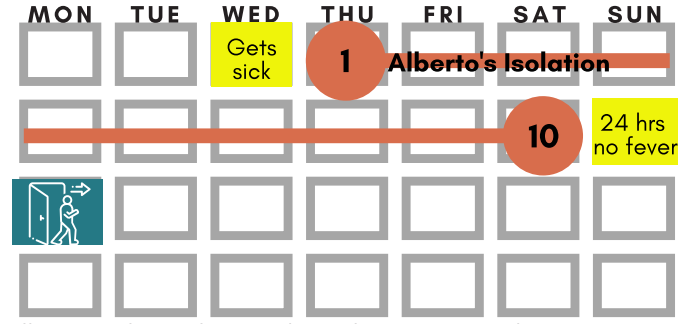
Sasha's partner gets sick on Monday and isolates in a separate room. Sasha feels well, but she was in close contact with her partner until Monday so she quarantine for at least 10 days.



If well, she may monitor for symptoms on days 11-14.

Isolation with Lingering Symptoms
SCENARIO 2

Alberto gets sick on Wednesday and has a fever and cough for ten days. He cannot end isolation until it's been ten days and he's fever-free for 24 hours.

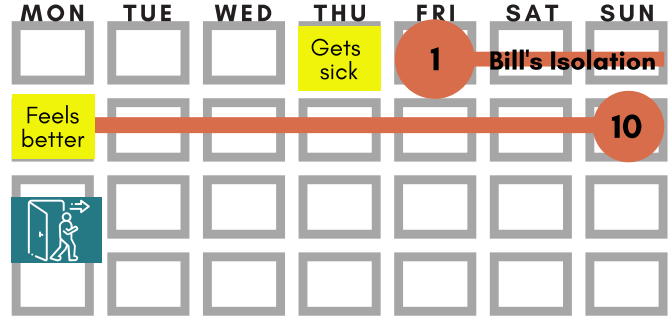


Alberto isolates the ten days plus one extra day.

Isolation- for people with symptoms or a positive COVID-19 test.
Quarantine- for people who are well but who are close contacts of (i.e. exposed to) someone who is ill.
Close contact- someone who was within 6 feet of a person who is sick for 15 minutes or more (can be cumulative) within a 24-hour period. This can be anytime during the sick person's isolation or two days before the person got sick. This is regardless of face mask use.

Isolation with Brief Illness
SCENARIO 3

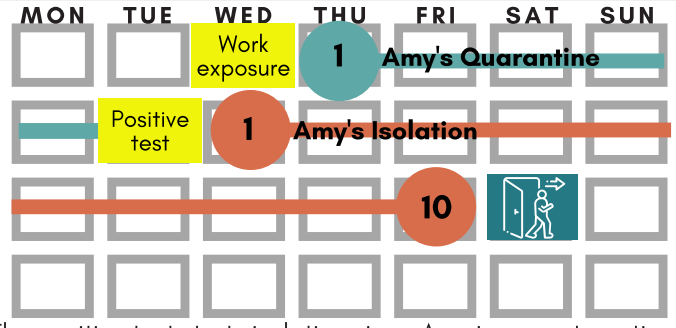
Bill gets sick on Thursday. He feels better and his fever ends on Monday. Even though he seems well earlier, he still must isolate for a full ten days since his symptoms started.



Bill's isolation ends after ten days.

Asymptomatic Case
SCENARIO 4

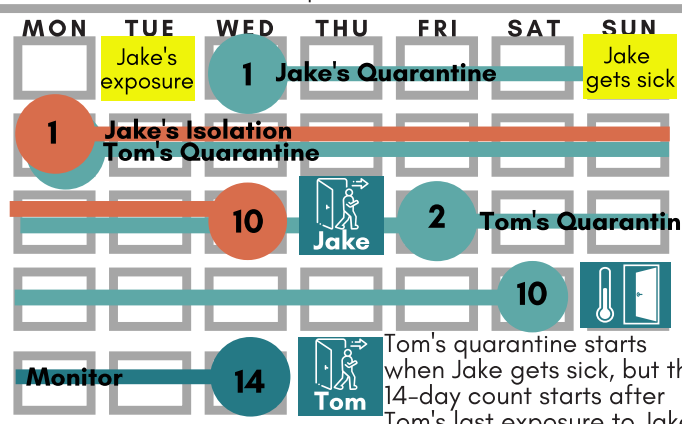
Amy's co-worker tested positive for COVID-19. Amy began to quarantine and decided to get tested after 5 days even though she never felt sick. Her test comes back positive.



The positive test starts isolation since Amy is asymptomatic.

Household Quarantine and Isolation
SCENARIO 5

Tom's son, Jake, was exposed at school. Jake quarantines for 4 days and gets sick. Now, Jake isolates and Tom quarantines. Tom cares for Jake. He is exposed until Jake's isolation ends.



Tom's quarantine starts when Jake gets sick, but the 14-day count starts after Tom's last exposure to Jake. Tom may quarantine for 10 days and monitor for symptoms on days 11-14 if he is well instead of quarantining the full 14 days.

Barry-Eaton District Health Department

barryeatonhealth.org