KNOW BEFORE YOU GO

DOS AND DON'TS FOR SAFE OUTDOOR SOCIAL DISTANCING

**DO!**
- Prepare for your visit by bringing water and snacks you already had at home.
- Stay at least 6 feet away from others.
- Wash your hands frequently and bring hand sanitizer if water and soap will not be available.
- Avoid touching equipment.
- Follow the latest Executive Orders from the Governor’s Office.

**DON'T!**
- Visit parks if you are sick or have been recently exposed to COVID-19. You should be in isolation or quarantine.
- Visit crowded parks—especially if maintaining a 6 foot difference is impossible.
- Use playgrounds or equipment without sanitizing before and after use.

For more information visit www.barryeatonhealth.org