PROTECT YOURSELF FROM Hepatitis A

HOW IS IT SPREAD?

- Forgetting to wash hands after using bathroom or changing diaper
- Having sex with infected partner(s)
- Eating or drinking foods contaminated by Hepatitis A

It can also be spread by sharing food, drink, drugs, toothbrushes, and utensils with someone infected with Hepatitis A.

WHAT ARE THE SYMPTOMS?

- Yellowing of eyes and skin (jaundice)
- Fever
- Nausea or throwing up

Other symptoms include: dark pee, pale poop, stomach pain, feeling tired or loss of appetite.

If you have symptoms, see your doctor.

HOW DO I PREVENT THE SPREAD OF HEPATITIS A?

- Wash your hands with soap and warm water after using the bathroom or changing diapers and before eating and preparing food.
- Get vaccinated if you are high risk for getting Hepatitis A!

For more information and outbreak area locations, visit www.michigan.gov/hepatitisAoutbreak