



November, 2020

No-Cost Flu Vaccination Clinics at Barry-Eaton District Health Department

CHARLOTTE, Mich., Nov 24, 2020 – Barry-Eaton District Health Department (BEDHD) is offering flu vaccine with no out-of-pocket cost at both Charlotte and Hastings office locations. Widespread flu vaccination will reduce the spread of flu during the COVID-19 pandemic and prevent serious illness and related hospitalizations or deaths. Flu vaccination can also reduce the chance of people becoming infected with both flu and COVID-19 at the same time.

Upcoming Barry-Eaton District Health Department Flu Vaccine Clinics

- Tuesdays from 1:00 pm to 5:00 pm at the BEDHD Charlotte office (1033 Health Care Dr., Charlotte, MI 48813). For everyone 19 years and older. These clinics will take place on Tuesdays starting Nov. 24th through Dec. 15th.
- Wednesdays from 1:00 pm to 5:00 pm at the BEDHD Hastings office (330 W. Woodlawn Ave., Hastings, MI 49058). For everyone 19 years and older. These clinics will take place on Wednesdays starting Nov. 25th through Dec. 16th.

For the safety of staff and community members, we ask that interested individuals schedule an appointment to reduce the number of people entering the building at the same time. To make an appointment, please visit: barryeatonhealth.org/immunizations.

We also ask that those with insurance consider going to a pharmacy or health care provider for flu vaccines. This allows us to use our supplies for community members without insurance.

When arriving for vaccinations, individuals will be screened for COVID-19 symptoms at the door and will be required to wear a mask. All vaccine is quadrivalent and protects against four strains of flu. We will not have high-dose vaccines (typically recommended for adults 65 years and older).

Why Get Vaccinated?

Flu vaccination is even more important during the COVID-19 pandemic. Vaccination can protect against severe cases of illness, hospitalization, and death due to flu, as well as reduce the spread of illness. Getting vaccinated also protects the people around you, including those who are more vulnerable to serious flu illness, like babies and young children, older people, pregnant people, and people with certain chronic health conditions. Good handwashing, covering your cough, and staying away from others when sick also prevents the spread of flu and other contagious diseases.

In addition to vaccination against the flu, it is important to stay home if you are sick, cover your nose and mouth when you sneeze or cough, wash your hands often using soap and warm water, and disinfect surfaces and objects that may be contaminated with germs.

Where Else to Get Vaccinated

Flu vaccine is widely available at area medical offices, pharmacies, and community events. Most people with insurance can get flu shots at their doctors' offices or pharmacies for free. See vaccinefinder.org for local options and call before visiting.

About Flu

Flu is a contagious illness that can be spread person to person through droplets when an infected person sneezes, coughs or talks. Symptoms of the flu include coughing, runny or stuffy nose, muscle or body aches, sore throat, headache, fatigue, fever, and/or chills. The flu can affect anyone, but older adults, children and individuals with chronic health conditions are at greater risk for severe complications from flu.