



Barry-Eaton District Health Department

Be Active • Be Safe • Be Healthy

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April 2, 2019

National Public Health Week 2019

It's National Public Health Week! From April 1 through April 7, National Public Health Week celebrates and promotes the work that is being done to help communities live a long and happy life in a safe environment. Each day of National Public Health Week focuses on a different public health theme. For 2019, the daily themes are as follows:

Monday (April 1st): Healthy Communities. Everything from sidewalks to air quality in the places people spend their time can affect their health.

Tuesday (April 2nd): Violence Prevention. Public health plays a role in community strategies to reduce violence, such as domestic violence and sexual assault.

Wednesday (April 3rd): Rural Health. Rural Americans often face challenges accessing medical care. Public health strategies can be employed to improve access to care.

Thursday (April 4th): Technology and Public Health. Public health must adapt along with changing health needs and resources of the community.

Friday (April 5th): Climate Change. Climate change requires public health response as climate change increases the risk of natural disasters, decreases usable food and water, and more.

Saturday and Sunday (April 6th & 7th): Global Health. America's health and the world's health are fundamentally connected through communicable disease, natural disasters, and more.

For more information on National Public Health Week and information on how to get involved in your community, please visit www.nphw.org.

For the past 50 years, the Barry-Eaton District Health Department (BEDHD) staff and community partners have been dedicated to improving the health of the community through public health efforts to ensure that all community members have a healthy, successful start in life; access to quality health care across the continuum of care; and safe and healthy food, water, and air. More information can be found at <https://www.barryeatonhealth.org/> or by calling (269) 945-9516 (Hastings) or (517) 543-2430 (Charlotte). BEDHD's Facebook page can be found at <https://www.facebook.com/barryeatonhealth>.

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