



Barry-Eaton District Health Department

Be Active • Be Safe • Be Healthy

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PUBLIC SERVICE ANNOUNCEMENT: Seasonal Safety

With the reduced daylight hours that come with fall and winter, people may find themselves doing normal morning or evening activities—such as walking dogs and waiting for school buses—in the dark or near-dark. Because visibility is decreased at this time of year, it's important for everyone—both people on the ground and drivers—to be especially cautious.

Pedestrians, bikers, and others who are on or by roadways should consider buying reflective clothing, reflective tape, or lights that they can carry or clip on to themselves so that drivers can see them better and sooner. Drivers should refrain from using mobile devices, especially cell phones and GPS devices, and doing other actions that can be distracting, including eating and fiddling with the radio. Drivers should pull over in a safe location to do any activity that is potentially distracting.

Everyone should act with extra caution, and drivers should consider lowering their speed, in areas where roads are narrow, curvy, or hilly. In addition to pedestrians, drivers should also be on the lookout for animals, especially deer.